

## **Blepharoplasty (Eye lift)**

The skin of the face and eye lids changes with age and other factors. Often the lids develop redundant skin that can vary from a mild to severe degree. (dermatochelesias and droopy eye lids) Often there is accompanying fat prolapse which makes them look swollen and baggy.

The operation to remove excess skin and fat from upper or lower lids to rejuvenate the eye lids is called blepharoplasty.

The procedure can be performed under a local or a general anaesthetic.

The injection of local anaesthetic is somewhat painful but only lasts for minutes. The operation may take up to one hour. You may be required to have both your eyes patched overnight following surgery, which may require you to make special arrangements. Painkillers like paracetamol may be required for post-operative pain.

The stitches on the eyelids may dissolve on their own or may require removing in two weeks or so.

### **Are there any adverse effects:**

The eyelids are swollen and bruised as a result of the local anaesthetic and the surgery. This may take a few weeks to settle. The eyes may also feel soar for a few weeks.

There is a slight risk of bleeding in the first 48 hours. There is also some risk of infection which may require oral antibiotic treatment. There is usually minimal scarring which tends to fade over time.

Occasionally not enough skin or fat is removed and if necessary further surgery may be required.

Sometimes, there may be a difference in the correction between the two eyelids. Over time there is likely hood of recurrence of the condition.